



## Riverside Telecare Restorative Transformation Center MHRC

### Mental Health Rehabilitation Center (MHRC)

At the Riverside Telecare Restorative Transformation Center (RTC) Mental Health Rehabilitation Center (MHRC), we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 30-bed residential facility includes a full team of nurses, a psychiatrist, clinicians, peer specialists, and recovery specialists providing support 24 hours a day.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system incorporates evidence-based practices and innovative design components. RCCS focuses on choice-making skills, harm reduction techniques, and strives to awaken the hopes and dreams of the individual. Staff work with individuals within their cultural dynamic in building independence and self-responsibility in order to foster their recovery and successfully transition them home or to less restrictive community settings.

### What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are partners throughout the recovery journey.

**Our goal** is to be a tool that helps people thrive no matter the obstacles, so they can be the leaders of their own recovery journeys and personal growth.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

**Telecare Corporation** | [Respect. Recovery. Results.](#) | [www.telecarecorp.com](http://www.telecarecorp.com)



#### CONTACT

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(951) 358-4466 County Phone System  
(951) 543-4359 Fax

#### OFFICE HOURS

Staff are available 24/7



## Services at Riverside Telecare Restorative Transformation Center MHRC

Services include, but are not limited to:

- Group and individual therapy
- Symptom management
- Coping skills
- Motivational Interviewing
- Co-occurring substance use treatment
- Medication administration
- Physical health maintenance
- Social and recreational activities
- Life skills and other educational groups

## Accessing Services

Referrals are made by RUHS-BH in collaboration with Riverside Superior Court and Riverside County Diversion Court Programs.

## Admission Criteria

- Adult residents of Riverside County (ages 18 and older), who have been found to be incompetent to stand trial (IST), or are eligible for Laura's Law/AOT.
- Individuals who have a severe and persistent mental illness.
- Individuals who have been recommended for a lower level of care in a diversion program but are not ready for independent living or a licensed Adult Residential Facility (ARF) placement.
- Individuals who may be on an LPS conservatorship.
- Individuals who may be residing in law enforcement custody, or are in a locked treatment setting, or those who are attempting to avoid placement in a locked setting.

## Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations.

We currently provide services in multiple states and have more than 4,000 employees.

This program is funded by Riverside County Behavioral Health.