



Recovery Center at Sarpy

Mental Health Rehabilitation Center

At the Recovery Center at Sarpy, we provide intensive psychiatric treatment services in a safe, welcoming environment so individuals can focus on getting better and reaching their goals.

We provide a 3-6 month program that is supportive, structured, and secure; it is designed to help clients prepare to successfully transition to the community and/or lower levels of care. Our 16-bed facility has multidisciplinary staffing which includes our psychiatrist, internal medicine, licensed therapists, nurses, and recovery specialists.

Our services were designed using Telecare's Recovery-Centered Clinical System (RCCS). This system emphasizes respect and dignity, choice-making skills, harm-reduction techniques, and strives to awaken the hopes and dreams of the individual. Staff work with individuals within their cultural dynamic to build independence and self-responsibility in order to foster their recovery and stability.

What to Expect

A recovery plan starts with the individual. Upon arrival, our diverse clinical team provides individualized assessments and then works with clients every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Staff are available 24/7



Services at the Recovery Center at Sarpy

- Therapeutic, educational, and recreational groups
- Medication management
- Individual therapy and family therapy as applicable
- Transportation
- 24-hour nursing
- Case management
- Fully furnished rooms provided, as well as meals and snacks
- Full-fidelity DBT program (for qualifying clients)

Becoming a Resident

Referrals are typically made by inpatient hospitals, but can also be made by community placements, corrections, or outpatient providers. Clients themselves or family members are encouraged to call us anytime for more information about how to be referred to our wait list.

Admission Criteria

- Individuals, 19 and older (subject to discretion of Medicaid managed care), who have a serious mental illness diagnosis of Major Depressive Disorder, Bipolar Disorder, Schizoaffective Disorder, or Schizophrenia.
- Secure setting is medically necessary i.e. there may be risk present of being harmful to self or to others, active symptomology requiring treatment, and/or need for 24-hour staffing.

Our Story

The Recovery Center at Sarpy is a resource that helps people envision their recovery path, build important skills, and regain hope to move forward on their journey. It offers a unique level of care in the community, providing people with the chance to receive appropriate support and services in one place.

Recovery is woven into and defines every aspect of the program, from assessments and interventions, to the client information system, to the selection of staff, and the overall client experience.

This program is funded by Medicaid, Total Care, United/Optum, Molina, Regions 1-6, R&B, and AABD (aid to the aged, blind, or disabled).