



# La Luz

## Long-Term Care Step-Down

### ESSENTIALS AT A GLANCE

Program Type:	<b>Assertive Community Treatment (ACT)/Full Service Partnership (FSP)</b>
To Make Referrals:	This program has a closed referral process and does not take referrals from the community. Referrals must be living in a county-approved long term care facility and be within 90 days of discharge. Referrals can be made directly from long term care facilities or County Institutional Case Management via Telecare In-Reach. Please email referrals to <a href="mailto:SD_ReferralCenter@optum.com">SD_ReferralCenter@optum.com</a> .
# of Members:	110 members
Ages Served:	Adults who are homeless with a serious mental illness who may have a co-occurring substance use disorder, are not connected to outpatient services and are in long-term care facilities (LTC), and will be discharged as a step-down in to the community.
Address:	3491 Kurtz Street, Suite 150, San Diego, CA 92110
Facility Phone #:	619-320-2404
Facility Fax #:	619-822-1228
About the Program:	<p>The La Luz program has been designed to help individuals successfully transition into their community; promote hope, wellness, and recovery; and to prevent unnecessary readmissions to long-term care hospitals.</p> <p>Program services are provided by a multidisciplinary team of counselors, case managers, peer specialist, vocational specialists, housing specialist, nurses, and a substance use specialist. Our prescriber provides direct service to members with no community-based physician. Evidence-based services include mental health services, case management services, crisis intervention, medication support services, dual diagnosis assessment and treatment, housing, and employment supports in community settings.</p> <p>Our goal is to work with individuals to address current barriers so they can transition back into and achieve their goals in their community.</p> <p>La Luz is under contract with San Diego County Behavioral Health Services and is funded by the County of San Diego.</p>

