



## Riverside PHF

### Psychiatric Health Facility

At the Riverside Psychiatric Health Facility (PHF), we provide intensive mental health and psychiatric treatment services in a safe, welcoming environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured environment. Our secure 16-bed facility has a multidisciplinary team that includes a psychiatrist, social workers, a rehabilitation therapist, registered nurses, recovery specialists, and peer support specialists.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care and receive appropriate referrals to community-based resources.

### What to Expect

Your recovery plan starts with you. Upon arrival, our diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

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#### OFFICE HOURS

Open 24-hour, 7 days per week



## Services at Riverside PHF

- A wide array of counseling, rehabilitation and skill-building options
- Medication management
- Group activities and active therapies
- Community integration activities

## Becoming a Member

If you or a family member needs emergency mental health services, you can come to the Riverside County Crisis Stabilization Unit (CSU) program at 47915 Oasis St. Indio, CA 92201.

The PHF is connected to the CSU, which offers a resource for people who are currently experiencing a crisis, and where you will receive the first initial assessment. If you would benefit from the more intensive services of the PHF, you will then be referred into the program. Staff at the CSU will do a screening to determine if you are medically stable for admission.

## Admission Criteria

All individuals will have a medical screening performed by PHF staff to determine if they are medically stable to be admitted. Individuals must be able to take medications and fluids orally, walk without assistance, and have a resting pulse below 100/minute. The following guidelines warrant an evaluation by emergency department personnel for clearance:

- Suspected or reported overdose
- Over age 64
- Chest pain or difficulty breathing
- Exhibiting signs of drug or alcohol impairment

## Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded by MediCal.