

## **Mark Reed E&T**

### **Fvaluation & Treatment Center**

At the Telecare Mark Reed Evaluation and Treatment (E&T) center, we provide intensive mental health and psychiatric treatment services in a safe, welcoming, and respectful environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support you need on the journey to recovery in a comfortable, structured environment. Our 16-bed facility includes wraparound support from a multidisciplinary staff who constantly engage with those we serve to maintain a safe environment.

Our services emphasize choice-making skills and harm-reduction techniques. Our intent is to ensure that you receive immediate assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

## What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are partners in recovery, and are there throughout the journey toward recovery.

**Our goal** is to be a place that helps you thrive. We want each person to be the leader of their own recovery journey, and to create the life they envision.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







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For services and intake information, please call the Telecare Washington E&T Centralized Screening Line at 1-800-589-5920.

#### **OFFICE HOURS**

24 hours a day, 7 days a week



## Services at the Mark Reed E&T

Services at the Mark Reed County E&T include, but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance use
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Supportive counseling individually and in groups
- Medication administration and management

## Referrals

Referrals are made primarily through local hospital emergency departments but may also be made from community providers and Designated Crisis Responders (DCRs). Each referral will be screened for medical health needs, safety, and security to ensure appropriate admission to the E&T.

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## **Admission Criteria**

 Adults, aged 18 and older, who meet the criteria for involuntary detention and/or a 14-day commitment.

# Family Involvement

The involvement of family members is a very important aspect of recovery.

Our program recognizes the central importance of families to the individuals we serve, as well as the challenges and pressures they face in supporting a loved one.

We strive to provide support in strengthening our residents' family relationships and extended support systems, should they choose to.