



# Telecare Community Alternatives Team (T-CAT)

3901 South Fife St., Suite 301, Tacoma, WA 98409 | 253-589-5334



## Hospital Diversion Services

- Your Medicaid coverage means no billing to you
- Covered benefit—no preauthorization needed
- Available at all Pierce County emergency rooms

### Referral Sources

- Emergency departments
- Mobile Outreach Crisis Team (MOCT)
- Police and first responders
- Self and family referrals

### At a Glance

T-CAT and emergency room staff partner closely together to offer safe alternatives for adults who are at risk of inpatient hospitalization due to behavioral health challenges, but who may remain in a community setting with additional support.

### Staffing & Services

- Access to a prescriber, peers, clinicians, and intensive case management support
- Immediate follow-up contact and connecting to existing outpatient services or new resources to build recovery

## Transitional Support Services

- Your Medicaid coverage means no billing to you
- Covered benefit—no preauthorization needed
- Up to 90 days of service
- MAT services now available

### Referral Sources

- Community behavioral health
- Inpatient or outpatient settings
- Residential treatment facilities
- Police and first responders
- Self and family referrals

### At a Glance

T-CAT staff works with those seeking either to return to the community from any inpatient setting in Pierce County or to remain in the community by resolving an emerging challenge early.

### Staffing & Services

- Access to a prescriber, peers, clinicians, and intensive case management support
- Outreach and planning begins prior to inpatient discharge and/or ongoing community support to build access to recovery-enhancing services

## Assistance When & Where It's Needed

### Call Directly: (253) 589-5334

- Visits and support available that come to you—wherever you are!
- Interim prescribing available including Medication Assisted Treatment (MAT)

### Telecare's

#### Recovery Model

For over 50 years, Telecare has been providing behavioral health support programs and services using our own highly collaborative Recovery-Centered Clinical System (RCCS).

These services are founded on the belief that to be successful, we must listen to each individual's unique needs, hopes, and dreams and then empower them to realize those dreams.

#### Common Areas of Support

- Access to behavioral health services
- Access to primary care
- Access to specialty prescribing care
- Access to medical insurance
- Developing effective self-care
- Application for various benefits
- Access to education, work, and training
- Housing advocacy and referrals
- Referrals and support to address substance use issues

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