

Horizon View MHRC

At the Horizon View Mental Health Rehabilitation Center (MHRC), we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our secure 16-bed facility includes a full team of nurses, a psychiatrist, clinicians, peer specialists, and recovery specialists. Our nurses and recovery specialists provide support 24 hours a day.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS).This system incorporates evidence-based practices and innovative design components. RCCS focuses on choice-making skills, harm reduction techniques and strives to awaken the hopes and dreams of the individual. The RCCS emphasizes "no-force first" practices. Staff work with individuals within their cultural dynamic in building independence and self-responsibility in order to foster their recovery and successfully transition them home or to less restrictive community settings.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"Your illness does not define you. Your strength and courage does."







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Services at Horizon View

A variety of therapies and activities adapted to your needs and preferences are offered as a part of your treatment plan. Services at Horizon View MHRC include, but are not limited to:

- Group and individual therapy
- Symptom management
- Coping skills
- Motivational Interviewing
- Co-occurring substance use treatment
- Medication administration
- Healthcare integration
- Physical health maintenance
- Social and recreational activities
- Life skills and other educational groups

Becoming a Member

Referrals are coordinated through Ventura County Behavioral Health.

Admission Criteria

- Resident of Ventura County aged 18 years and older
- Medi-Cal eligible and on Lanterman-Petris-Short (LPS) Act conservatorship
- Referred by Ventura County Behavioral Health

Exclusion Criteria

Medical needs beyond those that can normally be treated through outpatient care

Our Story

For a long time, residents of Ventura County requiring longer-term recovery services in a secure setting have had to be placed outside of the county far from their loved ones and the environment they know.

Horizon View MHRC was created to bring people home, closer to their friends and families. The environment is homelike, where residents partner with staff in rediscovering their hopes and dreams, and take the steps toward increased independence and self-sufficiency.

Through a variety of therapies, groups, social and recreational activities, and conversations with staff trained in the Recovery- Centered Clinical System (RCCS) approach, residents develop hope and belief in themselves, and the skills to better manage their symptoms and develop lives with meaning and connections.

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