



# Alameda JAMHR

## Justice & Mental Health Recovery Program

At the Justice and Mental Health Recovery (JAMHR) program, our goal is to give you the tools and guidance to successfully integrate you back into your community.

We know that the journey to recovery can be a tough one, and we believe that no one should have to go through it alone. We have a full staff of peer specialists, case managers, clinicians, psychiatric nurses and prescribers, a vocational support specialist, and a substance use specialist who are all here to help you on your path.

Our program is based on the Assertive Community Treatment (ACT) model and we provide wraparound supports and connect you to additional resources that can help you achieve your goals. Your family, friends, the justice system, healthcare providers, and anyone else you choose to be in your support network will work together to assist you in your recovery journey.

### What to Expect

Your recovery starts with conversations together about your treatment goals. We want you to know that, for us, it does not matter how you got to this point, what matters is that you feel better in your life and we are here to help you do that.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery and will be throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“Your present circumstances do not determine where you can go. They only determine where you start.”**

— NIDO QUBIEN



### CONTACT

280 17th Street  
Oakland, California 94612  
510-238-5020 Main  
510-352-9981 Fax

### OFFICE HOURS

Monday - Friday: 8:30 a.m. to 5:00 p.m.  
On-call and phone support available  
24 hours a day, 7 days a week



## Services at Alameda JAMHR

Our services emphasize choice-making skills and harm reduction techniques that include the following:

- Individual rehabilitation; including skill building using tools from evidence-based practices
- Crisis intervention
- Case management
- Assessment and goal planning
- Safety planning
- Medication support
- Housing support
- Vocational and substance use treatment services
- Health care coordination
- Collaboration with court and other justice-involved entities

## Becoming a Member

Telecare works with the Alameda County Behavioral Health Care Services (ACBH) ACCESS team to evaluate new referrals to ensure they are receiving the appropriate level of care. ACCESS oversees and approves each referral to JAMHR based on eligibility criteria set forth by the county. ACCESS oversees and approves each referral to Full Service Partnerships based on program eligibility set forth by the county. To reach Alameda County ACCESS, please call **800-491-9099**.

## Admission Criteria

- Alameda County residents, ages 18 years and older, who have been diagnosed with a serious mental illness
- Have MediCal or be MediCal eligible” in Alameda County ongoing mental health services, and/or entitlements
- Have had contact with the criminal justice system
- Have been approved for assignment by ACCESS

## Our Story

Telecare offers services for individuals who have a diagnosis of mental illness and criminal justice histories.

Our comprehensive and holistic approach to recovery is focused on providing the tools for individuals to leave incarceration and return to the community in a more structured, supported way.

This program is funded by Alameda County Medi-Cal.