



Cordilleras Suites

Adult Residential Facility (ARF)

At Cordilleras Suites, you have the opportunity to connect with a group of people who are here to be your support team. We believe that recovery is a deeply personal experience and will do whatever it takes to support your journey.

What to Expect

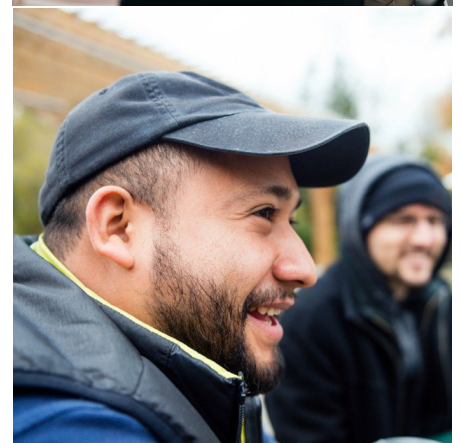
Our program is staffed with a multidisciplinary team to assist you. This includes residential counselors and social workers who provide individualized treatment planning, comprehensive case management, as well as crisis intervention/harm-reduction services.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your journey in a comfortable, structured environment.

When you work with us, you can expect the following:

- **Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.
- **Our culture** is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can maintain a supportive program setting.
- **Our goal** is to be a place where recovery can thrive, and you feel empowered to create the life you want for yourself.

At Telecare, our mission is to deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.





Essentials At-A-Glance

Cordilleras Suites | Adult Residential Facility (ARF)

Population Served

- Adult residents of San Mateo County who have a long history of mental illness and multiple episodes of acute psychiatric hospitalization.

Program Services

Services are provided directly by our staff. These include, but are not limited to:

- 24/7 capacity for crisis support
- Psycho education groups
- Independent living (e.g. money management, community reintegration)
- Outings and other recreational activities or special events
- Medication assistance
- Symptom management and medical appointment assistance

Accessibility Information

- Wheelchair accessible ramp available near the front entrance
- Accessible parking near the front of the building
- Translator services available with notice

How to Access Services

Individuals are referred through San Mateo County Behavioral Health and Recovery Services.

PROGRAM SETTING

Residential

CONTACT

650-367-1890 Main

650-369-6465 Fax

ADDRESS

200 Edmonds Rd

Redwood City, CA 94062

OFFICE HOURS

Monday – Friday

8 am – 5 pm

This program is staffed 24/7

LEARN MORE:

telecarecorp.com/cordilleras-suites



**SAN MATEO
COUNTY HEALTH**

All together better.

*THIS PROGRAM IS FUNDED BY SAN MATEO COUNTY
BEHAVIORAL HEALTH AND RECOVERY SERVICES.*