



# Telecare SUTS Program Roster

## An Overview of Telecare's Substance Use Treatment Services

Telecare serves people with serious mental illness who might also be struggling with a co-occurring condition such as substance use. Our Substance Use Treatment Services (SUTS) are heavily group-based to build community and support, and are based on the Integrated Dual Disorder Treatment (IDDT) curriculum, a SAMSHA Evidence-Based Practice.

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### Collaborative Court Services

Telecare offers a variety of services for individuals with mental illness and criminal justice histories. From our programs with community-based wraparound services, to those with secure inpatient environments, our comprehensive and holistic approach to recovery in everyone is focused on providing the tools for individuals to leave incarceration and return to the community in a more structured, supported way.

**ORANGE COUNTY COURT COLLABORATIVE WHATEVER IT TAKES (WIT) | ORANGE COUNTY, CA.** Opened in July 2012, WIT provides services to individuals with serious mental illness and justice involvement in Orange County. WIT was created to offer its members a last opportunity to receive services and support within their community, instead of jail or prison, to meet the requirements set by the Collaborative Court. The primary focus is to provide whatever it takes to allow members to live successfully in the community and move forward in their recovery without re-offending.

**ALAMEDA COURT COLLABORATIVE | ALAMEDA COUNTY, CA.** Opened in 2016, the Alameda Court Collaborative (ACC) program was created through a partnership between the Superior Court of Alameda County and Telecare to provide behavioral health services to clients of their collaborative courts (drug court, veteran's court, etc.). ACC provides consultation and assessment services, and at the end of 2020, was awarded a new clinical position to provide substance use treatment.

### Recovery Station

Telecare's Recovery Stations serve as a crisis access point for individuals who are acutely intoxicated and may be experiencing symptoms of mental illness. These programs provide screening, brief interventions, and referrals to treatment, in addition to an opportunity for individuals to rest and recuperate in a safe and protective setting.

**BAKERSFIELD RECOVERY STATION | KERN COUNTY, CA.** Opened in 2020, the Bakersfield Recovery Station is a 10-client, short-stay, voluntary program that provides screening, access, and linkage to care for individuals with co-occurring mental illness and substance use needs. Services are strength-based, person-centered, and aim to promote recovery in a welcoming setting. The goal of the Bakersfield Recovery Station is to provide a law enforcement diversion for persons who are acutely intoxicated and have a co-occurring mental illness where, instead of being arrested, they are presented with an opportunity for peer engagement, assessment, brief clinical interventions, and linkage with community-based services. The average length of stay is 8-10 hours.

**DELANO RECOVERY STATION | KERN COUNTY, CA.** Opened in 2020, the Delano Recovery Station is a 6-client, short-stay, voluntary program that provides screening, access, and linkage to care to individuals who have a co-occurring mental illness and substance use needs. The goal of the Delano Recovery Station is to provide a law enforcement diversion for persons who are acutely intoxicated and have a co-occurring mental illness where, instead of being arrested, they are presented with an opportunity for peer engagement, assessment, brief clinical interventions, and linkage with community-based services. The average length of stay is 8-10 hours.

**TELECARE RECOVERY STATION | ORANGE COUNTY, CA.** Opened in 2020, the Telecare Recovery Station located at the Be Well Orange OC Campus is a 12-client, short-stay, voluntary program provides screening, recovery planning, comfort services, and linkage to ongoing care for individuals with substance use needs, as well as mental health services if needed. Services are strength-based and person-centered and aim to promote recovery in a welcoming setting. The goal of the Telecare Recovery Station is to provide a law enforcement diversion for persons who are acutely intoxicated and may have a co-occurring mental illness. Instead of being arrested, they are presented with an opportunity for peer engagement, assessment, brief clinical interventions, and linkage with community-based services.

## Residential Substance Use Treatment

Telecare's SUTS residential treatment services are clinically intensive and mental health-informed, incorporating numerous evidence-based practices, as well as a whole health focus. These programs assess and treat mental health conditions in tandem with substance use recovery, and provide and manage medications within the program as needed. The intent is to provide a robust and diverse set of supports that address as many recovery factors as possible, in a holistic treatment environment.

**MURIEL WRIGHT RECOVERY CENTER SUBSTANCE USE TREATMENT SERVICES (SUTS) | SANTA CLARA COUNTY, CA.** Opened in 2019, the Muriel Wright Recovery Center SUTS is a 30-bed, substance use treatment center on Santa Clara County's Muriel Wright behavioral health campus in San Jose. The SUTS program is co-located on the same campus as the Crisis Residential Treatment (CRT) program. The program was created to help individuals who have a history of substance use and who are transitioning out of jail begin the recovery process in a supportive environment. All services are mental health-informed, using approaches such as Motivational Interviewing and Stages of Change to help engage people in treatment. The average length of stay is up to 90 days.

**TELECARE CO-OCCURRING RESIDENTIAL | ORANGE COUNTY, CA.** Opened in 2021, the Telecare Co-Occurring Residential program located at the Be Well Orange OC Campus is a 15-bed non-institutional, non-medical, short-term residential program that provides services with the goal of stabilizing psychological, physical, and social aspects of addiction while preparing residents for treatment at lower ASAM Levels of Care. This program meets the standards for ASAM Levels of Care 3.3 and 3.5. The length of residential services for all levels range from 1-90 days with a 90-day maximum, unless medical necessity authorizes a one-time extension of up to 30 days.

**TELECARE WITHDRAWAL MANAGEMENT | ORANGE COUNTY, CA.** Opened in 2021, the Telecare Withdrawal Management detoxification program located at the Be Well Orange OC Campus provides services in a residential, non-medical setting (social model detoxification) delivered by appropriately trained staff who provide safe, 24-hour monitoring, observation, and support in a supervised environment so residents can achieve initial recovery from the effects of alcohol or another substance. The 12-bed program meets the standards for ASAM Level of Care 3.2. The length of stay is up to five days.

**TELECARE SUTS RESIDENTIAL | ORANGE COUNTY, CA.** Opening soon, the Telecare SUTS Residential program located at the Be Well Orange OC Campus is a 24-hour, non-institutional, non-medical, short-term residential program where services are individualized to collaboratively define barriers, set priorities, establish goals, create treatment plans, and solve problems. The program meets the standards for ASAM Level of Care 3.1. The length of residential services for all levels ranges from 1-90 days with a 90-day maximum, unless medical necessity authorizes a one-time extension of up to 30 days.