



Telecare Substance Use Treatment Services

At Be Well OC Orange Campus

Campus Overview

Telecare Corporation has been selected to provide four different substance use treatment services (SUTS) programs on the Be Well OC Orange Campus at 265 S. Anita Drive. The goal of these programs is to address our community members' SUTS needs, while supporting a seamless transition along a full continuum of care.

Telecare's substance use treatment services at all levels are designed with a mental health-informed approach, so that persons served get care that is more integrated, holistic, and comprehensive. Our multi-disciplinary teams include peer services from people with lived experience.

Recovery Station	Co-Occurring Residential
12-Cots	15-Beds
Recovery stations serve people who are intoxicated from alcohol or drug (AOD) usage and provide a safe place to stabilize from AOD usage to avoid an arrest or ER visit.	Co-occurring residential SUTS treatment serves individuals who have a substance use diagnosis with severe and persistent mental health challenges.
Average length of stay (LOS): 8 hours	Average LOS: Up to 90 days
Recovery station (sobering)	ASAM 3.3 and 3.5
Age 18+	Age 18+

Withdrawal Management	SUTS Residential
12-Beds	15-Beds
Clinically-managed withdrawal management provides 24-hour support to individuals who have a history of substance use and need to complete withdrawal management to increase the likelihood of continuing treatment or recovery.	Residential treatment provides 24-hour structure with available trained personnel — at least five hours of clinical service per week — and prepares clients for outpatient treatment and/or sober living.
Average LOS: Up to 5 days	Average LOS: Up to 90 days
ASAM 3.2	ASAM 3.1
Age 18+	Age 18+

Highlighted Clinical Approaches

The following evidence-based and promising practices (EBPs) are used in Telecare SUTS programs.

- Motivational Interviewing
- Stages of Change
- Harm Reduction Model
- Dialectical Behavioral Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- WRAP for addictions
- Medication Assisted Treatment (MAT)
- DEA waiver for prescribing buprenorphine
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- Drug Abuse Screening Test (DAST)
- Alcohol Use Disorders Identification Test (AUDIT)
- Integrated Dual Disorders Treatment (IDDT)
- Narcan rescue policies and opioid responder training
- 12-step facilitation
- Withdrawal Management (Detox)
- Co-Occurring Education Groups (COEG)

ASAM Levels

Several Telecare programs use the concepts, nomenclature, and guidance of the American Society of Addiction Medicine (ASAM), whose mission is to improve the care and treatment of people with the disease of addiction and advance the practice of Addiction Medicine. Telecare’s residential substance use treatment services can accommodate individuals who meet ASAM criteria 3.1, 3.2, 3.3, and 3.5. This level of care relies on the treatment community as a therapeutic agent. Care is provided 24-hours a day, and the focus of treatment is to stabilize the client on any biopsychosocial ASAM dimension that is assessed as medium to high severity.

Integrated Dual Disorder Treatment (IDDT) Curriculum

Integrated Dual Disorder Treatment (IDDT) is an evidence-based practice that improves the quality of life for people with co-occurring severe mental illness and substance-use disorders by combining substance abuse services with mental health services. IDDT helps people address both disorders at the same time—in the same service organization by the same team of treatment providers. IDDT takes a stages-of-change approach to treatment by emphasizing that big changes like sobriety and symptom management occur through incremental changes over time.

Medication Assisted Treatment (MAT)

Medicated Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders.

MI-SBIRT

MI-SBIRT combines two evidence-based practices: Motivational Interviewing (MI) and Screening, Brief Intervention, and Referral to Treatment (SBIRT). Motivational Interviewing is a clinical approach that helps people with mental health and substance use disorders make positive behavioral changes to support better health. SBIRT is used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.

More Information:

Faith Richie, SVP and Chief Development Officer,
frichie@telecarecorp.com, 510-846-7679



Funded by the OC Health Care Agency.