



Referral Guidelines:

To participate in the TEIR program, individuals must meet the following criteria:

- Must be between 16-25 years old
- Must be a resident of San Joaquin County, California
- Must be exhibiting early warning signs; has a family history of psychosis (parent/sibling); drop in functioning and social withdrawal; or has decreased in expression of emotions/ideas

Get Connected!

If you are interested in receiving information, education, or materials on early symptoms of psychosis or, know of a young person in need, please contact us at: 209-955-1139.

About Telecare

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

Telecare's Mission

Telecare's mission is to deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

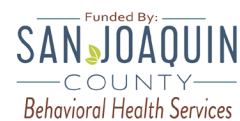
Our Statement of Purpose

We exist to help people with mental impairments realize their full potential.

Contact TEIR

4545 Georgetown Place, Suite A3,
Stockton, CA 95207-6628
209-955-1139 Main
209-955-1067 Fax

Monday-Friday: 8:30 a.m. to 5:00 p.m.
24/7 on-call availability



Through Mental Health Services Act (MHSA)

TEIR:

Telecare Early Intervention & Recovery program

4545 Georgetown Place, Suite A3,
Stockton, CA 95207-6628



About TEIR: Who We Are

TEIR is a new program offered by San Joaquin County Behavioral Health and Mental Health Services. Our program is built on the foundation that early detection, education and treatment can reduce symptoms of mental illness in young people.

We help the community to be an active and essential part of the treatment process.

Research has indicated that educating the public and community leaders will increase the chances that young people will receive early treatment that can slow the progression of psychosis. TEIR actively outreaches to the communities of San Joaquin to provide information about early identification and treatment.

Who Can Help?

Community members who are most likely to help identify these young people include:

- Staff at high schools and colleges
- Nurses and physicians
- Spiritual leaders
- Police
- Mental health professionals
- Community centers

Who We Serve

TEIR provides confidential assessment and early assistance for young people between the ages of 16 and 25 who are at risk for mental illness in San Joaquin County.

Common Symptoms to Look For:

The following symptoms can indicate a temporary reaction to significant stressors, or they can be early signs of a developing psychotic illness. If the young person presents a combination of symptoms, or the symptoms appear to worsen over time, this may indicate the onset of a mental illness.

- Difficulty in maintaining focus, concentration or memory
- Hearing sounds or voices, seeing visions, or experiencing strange sensations that others don't perceive
- Difficulty with conversations
- Feeling overly fearful or suspicious
- Changes in sensitivity to light, sound or touch; decreased sense of smell
- Dramatic changes in behaviors, ideas, sleep, or appetite
- Withdrawal from friends and family
- Deterioration in school or work functioning
- Suicidal thoughts

What We Do

The TEIR team includes a psychiatric mental health nurse practitioner, a trained therapist and clinician, a licensed psychiatric technician, and an educational/vocational specialist who will be providing an intensive, collaborative approach to support TEIR members and their families on the journey to recovery.

Our Team:

- Educates community members who will help identify young people who are exhibiting the early warning signs of psychosis
- Conducts confidential assessments specifically designed to identify risk for actual psychosis
- Provides individualized treatment for the young person and his or her family

Treatment Includes:

- Outreach and engagement
- Assessment and diagnostics
- Cognitive Behavioral Therapy for psychosis
- Recovery education
- Medication support
- Employment services
- Individual and group therapy