



AgeWise

Older Adult Case Management Services

At Telecare's AgeWise program, we are here to support you in taking positive steps towards independent living.

We believe that integrated healthcare and care coordination are key components for your recovery journey. Our job is to do whatever it takes to help you get the proper care you need and feel empowered through your choices of care. We have a full staff of peer specialists, case managers, and mental health rehabilitation specialists who are all here to help you on your path.

Our programs are designed using Telecare's Recovery-Centered Clinical System (RCCS). The RCCS is an innovative recovery framework that incorporates the latest research and evidence-based practices. RCCS emphasizes doing no harm and supporting and enlivening recovery. The recovery model incorporates such approaches as motivational interviewing, cognitive behavioral therapy, harm reduction, dialectical behavioral therapy (DBT), and other consumer-centered therapeutic interventions.

What to Expect

Your recovery plan is guided by your hopes and dreams. Our team will help you by providing personalized assessments where you can identify the kind of program assistance you will need. From there, we will collaborate primary care physicians and coordinate with home health agencies, senior centers, and other community resources for older adults to make sure you get the most comprehensive care possible.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a team that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.



CONTACT

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OFFICE HOURS

Monday - Friday: by appointment
Crisis services available 24/7



AgeWise is under contract with San Diego County Behavioral Health Services and is funded by the County of San Diego, Medi-Cal, and MHSA.



Services at AgeWise

Strength-Based Case Management Services: As a strength-based case management program and full-service partnership (FSP), we are a consumer-driven and highly collaborative program. Teams work with members to identify needs and build a treatment plan that is collaborative and comprehensive. The goal is to assist people living in the community and ensure members are linked to housing, medical care, psychiatric care and natural supports.

Institutional Case Management Services: Institutional case management serves members who are conserved and placed in a long-term care facility. The program provides members with support in obtaining and maintaining benefits, care coordination, discharge planning, and advocacy. Members are assessed to ensure that they are placed in the least restrictive environment possible.

Becoming a Member

For strength-based case management, referrals come from a variety of places including hospitals, other providers, family members, and individuals. Referrals are coordinated through San Diego's Department of Behavioral Health. Referrals can be made through the Department of Behavioral Health, or to the program directly.

For institutional case management, referrals come directly from the Public Conservator's office and/or coordinated through San Diego's Department of Behavioral Health. This program only serves individuals that are on public conservatorship.

Our Story

Opened in 2012, AgeWise was created to improve the quality of life and promote recovery for older adults. The program provides most supports in the community but includes two unique components: a strengths-based case management full-service partnership (FSP) and the institutional case management program. The strengths-based case management component provides comprehensive case management, crisis prevention and intervention, skill building and community integration services. The institutional case management program focuses on improving the quality of life and promoting recovery for older adults living in long-term care placements.

Admission Criteria

- Adults, aged 60 and older
- Residents of San Diego County
- Diagnosed with a serious mental illness
- For institutional case management, the person must also be conserved and placed in a locked, residential facility