

# Telecare and Orange (TAO North) Adult Mental Health Services

### Full Service Partnership (FSP)

At Telecare And Orange (TAO) North, we are here to help you take positive steps toward the things that matter in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. We have a multi-disciplinary team that includes case managers, psychiatrists, nurse practitioners, nurses and therapists with experience working in both mental health and co-occurring substance use, who are all here to promote a program culture where resilience and hope can flourish.

Our program is based on the Assertive Community Treatment (ACT) model. TAO North staff create a supportive environment, including services that are based on your needs, hopes and dreams. We also connect you to the proper resources that can help you achieve your goals.

#### What to Expect

Your recovery plan starts with you. We use transformational care planning, a recovery-oriented treatment planning method to develop an individualized recovery plan to guide your work in the program. We assist you by giving you the appropriate skills where you will be better able to manage your conditions more effectively, monitor your progress toward your goals, and adjust services to fit your changing needs.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







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#### **OFFICE HOURS**

Mon, Wed & Fri: 8 a.m. to 5 p.m. Tues & Thurs: 8 a.m. to 7 p.m. Saturdays: 8 a.m. to 5 p.m.

On-call staff are available 24 hours a day and can be reached at (714) 397-6606



#### **Services and Supports**

Services include, but are not limited to:

- Outreach and engagement
- Comprehensive assessment and treatment
- Community-based, individualized services
- Intensive case management
- Money management
- 24/7 availability
- Housing support
- Medication support and education
- Vocational and educational services
- Benefits establishment

#### Becoming a Member

Referrals are made through multiple sources, including Orange County Health Care Agency and community organizations as well as walk-ins.

#### **Admission Criteria**

Residents of Orange County, ages 18 and older, who have been diagnosed with a serious mental illness and who may be:

- Homeless or at-risk of homelessness
- At risk for hospitalization or institutionalization
- Involved in the criminal justice system
- Transitioning from institutional care
- Not successful with traditional mental health care

#### Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes and dreams.

## Wellness Recovery Center (WRC)

Located on-site, the WRC offers community-based support with an emphasis on recovery and relapse prevention. This consumerdesigned and operated center assists our members in building relationships and supports. The center offers services such as:

- Men's and women's groups
- Relapse prevention
- Dual recovery
- Employment and educational support
- Housing support
- A library and computers with internet access





This program operates under contract with Orange County Health Care Agency and is a Mental Health Services Act (MHSA) funded program.