### **About Telecare**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in multiple states and have more than 3,000 employees.

This program is funded by Mental Health Services Act (MHSA).

### Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

# **Our Statement of Purpose**

We exist to help people with mental impairments realize their full potential.

### Office Hours

Monday-Friday: 8:00 a.m. to 5:00 p.m.

### **Contact Information**

949-238-2400 Main





This program operates under contract with the County of Orange Health Care Agency and is a Mental Health Services Act (MHSA) funded program.

# TREEhouse Crisis Residential Program

South County









# **TREEhouse Crisis Residential**

# **Supported Recovery**

The TREEhouse ("Total Recovery Enriching Experience") South is one of Telecare's Orange County crisis residential programs. It is a safe, homelike environment for individuals who are experiencing a behavioral health crisis and need additional support to avoid hospitalization, stabilize symptoms, and return to their previous level of functioning. The program provides voluntary, short-term services, typically lasting 7 to 14 days. The program also provides dual diagnosis services for people who are experiencing a behavioral health crisis and also have substance use issues. The program employs peer counselors as well as licensed professionals, and provides services in a culturally sensitive manner.

# About the Program

- Helps people cope with crisis while providing treatment in the least restrictive environment
- Assists people to gain skills to manage their conditions and crises more effectively
- Engages with follow-up care and community supports

# Recovery Model

Telecare has created a recovery-centered experience for people served. Programs and staff strive to create an environment where a person can choose to recover.

By connecting to each individual's core self and trusting it to guide the way, it is possible to awaken the desire to embark on the recovery journey.

# **Staffing**

Multidisciplinary team of clinicians, psychiatry, nursing, peer counselors, and residential care staff.

# Services and Supports

- Crisis intervention, including emotional support and de-escalation of crisis situations
- Treatment in a less restrictive and supportive environment
- Development of service/recovery plan
- Brief individual and group rehabilitation treatment, and family counseling as needed
- Assistance with self-administration of medications
- Discharge planning: Intensive planning and implementation of integrated aftercare services in the community, including linkage to natural supports
- Linkage and referral to services including assistance with obtaining entitlements, community housing, community treatment resources, and referral to appropriate medical services

### Who is Served

- Residents of Orange County, ages 18 and older
- Persons diagnosed with a behavioral health disorder who are experiencing a behavioral health crisis, and who may have a co-occurring substance use disorder

### Referrals

Coordinated by the Orange County Health Care Agency Crisis Assessment Team, crisis stabilization units, and select emergency departments and outpatient programs.