



Riverside CSU

Crisis Stabilization Unit

At the Riverside Crisis Stabilization Unit (CSU), we are here to help you find relief from distress and assist you in maintaining stability in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to help you cope with crisis and gain skills to deal with your challenges more effectively. Our 12-chair facility has a multidisciplinary team of clinicians, psychiatric prescribers, nursing staff, and peer specialists who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Open 24-hour, 7 days per week



Services at Riverside CSU

- Access to psychiatric providers, nurses, social workers, and other clinical staff
- Psychiatric assessment
- Medication evaluation and service
- Development of crisis and recovery plans
- Linkage and referral to community treatment resources including medical services

Accessing CSU Services

All individuals will have a medical screening performed by CSU staff to determine if they are medically stable to be admitted. If the crisis warrants admission to an inpatient service, you may also receive services from the adjacent Psychiatric Health Facility (PHF).

Individuals can be admitted voluntarily or involuntarily (Welfare and Institutions Code (WIC) 5150, involuntary psychiatric hold).

Admission Criteria

- Youth and adult residents of Riverside County
- Persons diagnosed with serious mental illness who are experiencing a mental health crisis and who have a co-occurring substance use disorder
- Individuals can be admitted involuntarily under the Welfare and Institutions Code (WIC) 5150 for a involuntary psychiatric hold

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded by MediCal.