



Tumwater Evaluation & Treatment (E&T) Center

Recovery-Focused Services

At Tumwater Evaluation & Treatment (E&T) Center, we provide intensive psychiatric evaluation and treatment services in a safe, welcoming environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed to our clients on their recovery journey. Our 16-bed secure facility includes a full staff of nurses, peer recovery coaches, recovery specialists and psychiatric prescribers.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system incorporates evidence-based practices and innovative design components, and emphasizes choice-making skills, harm-reduction techniques and strives to awaken the hopes and dreams of the individual. The RCCS emphasizes "no-force first" practices. Staff work with individuals within their cultural dynamic in building independence and self-responsibility to foster their recovery and successfully transition them back to lower levels of care.

What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with members every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

Telecare Corporation | [Respect. Recovery. Results. | www.telecarecorp.com](https://www.telecarecorp.com)



CONTACT

3285 Ferguson St SW
Tumwater, WA 98512
360-943-1907 Main

OFFICE HOURS

Services are available 24 hours a day,
7 days a week



Services at Tumwater E&T Center

A variety of therapies and activities are offered in our program. Services at Tumwater E&T Center include, but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance use
- Client-centered, strengths-based and trauma informed crisis intervention and stabilization
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Counseling on both a group and individual basis
- Medication administration and management

Admission Criteria

- Adult residents of Washington state, ages 18 and older, who have been diagnosed with a serious mental illness and are currently experiencing a significant crisis in their lives.

A Designated Crisis Responder (DCR) will evaluate individuals referred by community hospitals. If individuals are found to need emergency involuntary detainment, they will be admitted to the inpatient unit.

Exclusion Criteria

- Any individual who has a co-occurring medical condition that requires more than an outpatient level of care will be excluded from the program.
- Sexually violent offenders being detained pursuant to RCW 71.09 or high risk sex offenders classified by the local law enforcement agencies are excluded from admission.
- Any individual with any pending (not dismissed or otherwise disposed) felony charge shall be excluded from admission. Individuals released on a Temporary Release (TR) may be considered for admission on a case-by-case basis after consultation with the DCR.

Our Story

Founded in 1965, Telecare is one of the nation's largest family- and employee-owned providers of behavioral health services to county and state governments, and behavioral health organizations. Telecare provides a full range of services and supports to individuals with serious mental illness, and delivers innovative programs tailored to individuals with co-occurring issues such as homelessness, substance abuse, developmental disabilities, or involvement in the criminal justice system.

This program is funded by MCOs and HCA.