



Deschutes Recovery Center

Secure Residential Treatment Facility

At the Deschutes Recovery Center, we are here to help you find relief from distress and assist you in creating a foundation for recovery.

We believe recovery starts from within, and that our job is to do whatever it takes to help you through any difficulties you might be facing. Our 16-bed facility has a multidisciplinary team of clinicians, psychiatric prescribers, nursing staff, QMHA's, and peer specialists who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can develop new ways of living that will help you achieve what you want in life. Although we are a locked facility, our staff will work with you during your stay to make sure that you feel respected and supported in making positive life choices.

What to Expect

Your recovery plan starts with you. Our goal is to help you feel better about yourself and provide you with the tools and resources you can use to fulfill your hopes and dreams long after you leave our program.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop and foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Staff are available 24/7



Services at Deschutes Recovery Center

Services include, but are not limited to:

- Group and individual therapy
- Medication management
- Building life skills
- Symptom management
- Sex offender treatment
- Coping skills
- Building relationships
- Daily living skills such as diet, housekeeping, money management, and clothing care
- Physical health maintenance
- Social and recreational activities

Becoming a Resident

Deschutes County Behavioral Health Services coordinates all referrals. Referrals can be generated from multiple sources including: Oregon State Hospital, SageView, St. Charles acute care hospital, other hospitals, other residential facilities, and the community.

Admission Criteria

- Adults, ages 18 and older, who have been referred through AMHI process or through the Psychiatric Security Review Board (PSRB).
- Be approved by Deschutes County in collaboration with Deschutes Recovery Center, the treating referring program, the responsible community mental health program, and/or mental health organization.
- Have an Axis I diagnosis, and be currently approved for payment through AMHI or PSRB.

Our Story

The Deschutes Recovery Center (DRC), opened in January 2010, is a 16-bed residential treatment program providing services to eight individuals under the jurisdiction of the Psychiatric Security Review Board (PSRB) and eight individuals under the authority of civil commitment proceedings with the State of Oregon. The main purpose of the DRC is to provide a stable living environment for people who are transitioning from the State Hospital or other secure facilities to a community-based program as a primary component of their mental health treatment.

This program is funded by Medicaid and OHP.