



Telecare EMPOWER

Justice-Involved Mental Health (JIMH)

At the Telecare EMPOWER (Enhancing Mental Health through Positivity, Opportunity, Wellness, Engagement, and Resources) program, you have the ability to connect with a group of people who are here to be your support team.

We believe that recovery starts from within and will do whatever it takes to work with you on your recovery journey. We have a multidisciplinary team that includes prescribers, a clinical director, a program administrator, an LVN, a psychiatrist, a psychiatric nurse practitioner, a team lead/therapist, a peer recovery coach, and personal service coordinators who have experience in drug, alcohol, and mental health treatment, who are all here to help you on your path.

Our program is based on the Full Services Partnership (FSP) model. Our staff create a supportive environment and provide wraparound services that are based upon members' needs, hopes, and dreams. We also connect members to community resources so they can continue their recovery outside of the program

What to Expect

Your recovery journey is guided by an individualized service plan. Our staff offers advocacy for individuals who have extensive contacts with the criminal justice system. We will assist you in recovery by tailoring services so you can better manage your conditions, monitor your progress toward your goals, adjust services to fit your changing needs, and partner with community services to ensure continuity of care.

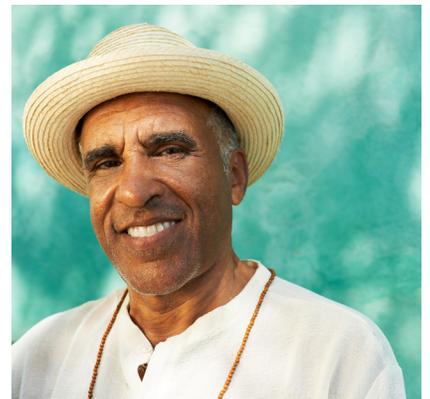
Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

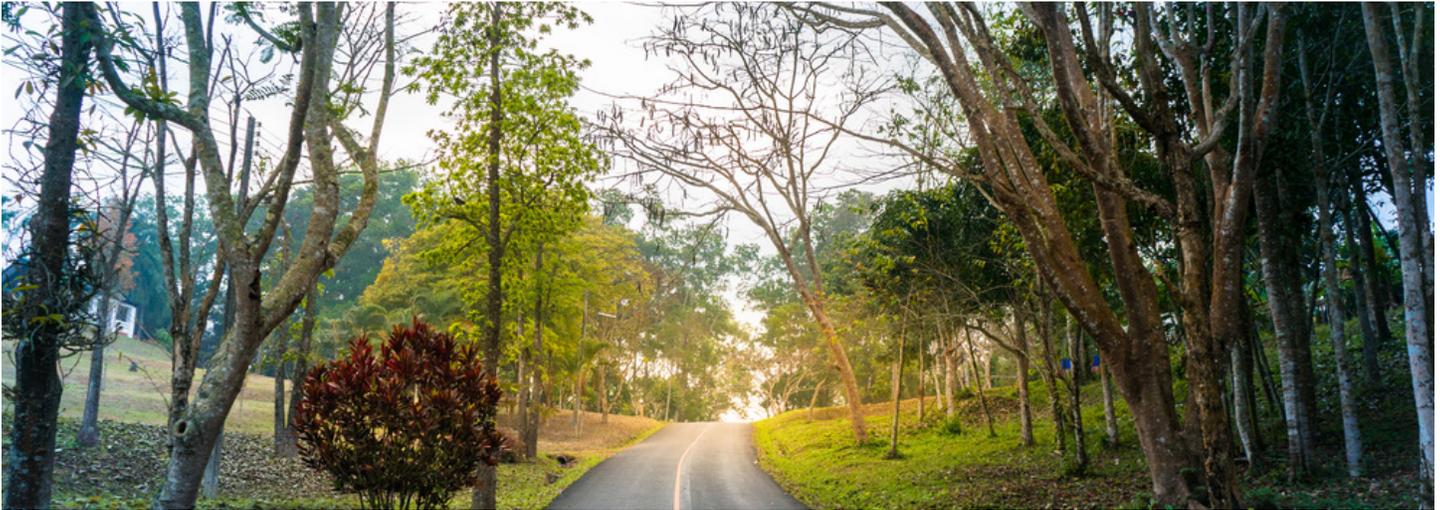


CONTACT

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OFFICE HOURS

Monday-Friday 8:30 a.m. to 5:00 p.m.
On-call services available



Services at Telecare EMPOWER

Services include but are not limited to:

- Community-based, wraparound services
- Case management services
- Mental health assessment and treatment, with a focus on criminogenic needs
- Crisis intervention
- Medication support and education
- Peer support services
- Co-occurring disorder treatment
- Housing support and services
- Vocational and educational services
- Linkage to benefits assistance

Accessing Services

Referrals are made through the Sacramento County Public Defender's Office.

Admission Criteria

- Adults, ages 18 and older, who are diagnosed with serious mental illness
- Are pre-trial and arrested on felony charges, which occurred due to symptomology of their mental illness, are at-risk of becoming incompetent to stand trial, and/or are found to be incompetent to stand trial
 - Whose crime qualifies them for pre-trial jail diversion
 - Whose symptoms of their mental illness contributed significantly to their commitment of the offense
- Are likely unsheltered homeless and do not have access to necessary social supports
- Will not pose a significant safety risk to the public if released to outpatient treatment

Our Story

This program was developed by the Sacramento County Public Defender's Office (SCPD), in collaboration with the Sacramento Behavioral Health Department, to provide the county's first forensic-based service and treatment program.

The goal of the program is to create an alternative to state hospital admission for those who are pre-trial, have behavioral health challenges, and are likely to be at risk of becoming incompetent to stand trial and/or are found to be incompetent to stand trial.

This program is funded by the Department State Hospital Grant and Medi-Cal.