Riverside County Telecare MHRC

Mental Health Rehabilitation Center (MHRC)

At the Riverside County Telecare Mental Health Rehabilitation Center (MHRC), we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our secure 79-bed facility includes a full team of nurses, a psychiatrist, clinicians, peer specialists, and recovery specialists providing support 24 hours a day.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system incorporates evidence-based practices and innovative design components. RCCS focuses on choice-making skills, harm reduction techniques, and strives to awaken the hopes and dreams of the individual. Staff work with individuals within their cultural dynamic in building independence and self-responsibility in order to foster their recovery and successfully transition them home or to less restrictive community settings.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners throughout the recovery journey.

Our goal is to be a tool that helps people thrive no matter the obstacles, so they can be the leaders of their own recovery journeys and personal growth.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

CONTACT
3933 Harrison Street
Riverside, CA, 92503
833-391-0505 Main
951-358-4716 Fax

ADMINISTRATOR
Shane Francis BSN, RN-BC
951-287-4940 Mobile
sfrancis@telecarecorp.com

OFFICE HOURS
Staff are available 24/7

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Services at Riverside County Telecare MHRC

Services include, but are not limited to:

- Group and individual therapy
- Symptom management
- Coping skills
- Motivational Interviewing
- Co-occurring substance use treatment
- Medication administration
- Physical health maintenance
- Social and recreational activities
- Life skills and other educational groups

Accessing Services

Resident placement referrals are made through Riverside University Health System-Behavioral Health (RUHS-BH).

Admission Criteria

- Community members ages 18 years of age or older, who have been diagnosed with a serious mental illness and are consumers on LPS Conservatorship.
- Community members who are in need of 24-hour rehabilitative psychiatric services, and who, without prompt and adequate treatment, are considered to be at risk of displaying behavioral symptoms, such as combativeness, elopement, suicidal tendencies, excessively verbally abusive, disorientation, disinterested in the immediate environment, or mood swings, which preclude admission to a lower level of care.

Our Story

Telecare is proud to be partnering with Riverside University Health System-Behavioral Health (RUHS-BH) to operate the Riverside County Telecare Mental Health Rehabilitation Center (MHRC).

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations.

We currently provide services in multiple states and have more than 3,700 employees.

Riverside University HEALTH SYSTEM