



## Jeremy House

### Crisis Residential Treatment (CRT)

At Jeremy House, we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 6-bed crisis residential treatment (CRT) program has a multidisciplinary team of clinicians, nursing, and residential care staff.

Our services emphasize choice-making skills and harm-reduction techniques. Staff work with you within your cultural dynamic in building independence and self-responsibility in order to nurture your recovery and successfully transition you home or to less restrictive community settings.

### What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

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#### OFFICE HOURS

Open 24-hour, 7 days per week



## Services at Jeremy House

- Crisis intervention, including emotional support and de-escalation of crisis situations
- Alternative to inpatient hospitalization
- Development of service/recovery plan
- Brief individual and group rehabilitation treatment, and family counseling as needed
- Temporary respite from a living situation that was contributing to the crisis
- Assistance with self-administration of medications
- Discharge planning: Intensive planning and implementation of integrated aftercare services in the community, including linkage to natural supports
- Linkage and referral to services including assistance with obtaining entitlements, community housing, community treatment resources, and referral to appropriate medical services

## Accessing Services

- Coordinated by the San Joaquin County Behavioral Health Services.

## Admission Criteria

- Residents of San Joaquin County, ages 18-59
- Persons diagnosed with a mental illness who are experiencing a mental health crisis, and who may have a co-occurring substance abuse disorder
- Walk-in clients and self-referrals are not accepted at the crisis residential program

## Our Story

Opened in early 2013, Jeremy House is a short-term, voluntary 6-bed crisis residential program that expands the menu of crisis services available in the county, and helps reduce the use of involuntary treatment. The county's goal is to help people manage crises in the least restrictive manner possible, with significant focus on recovery supports and principles. The typical length of stay is 12 days.

Jeremy House is licensed by Community Care Licensing, Certified by the Department of Health Care Services, and accredited by CARF.

Funded By:  
**SAN JOAQUIN**  
— COUNTY —  
*Behavioral Health Services*

Through Mental Health Services Act (MHSA)