



Cypress House

Community Crisis Home

At Cypress House, we provide enhanced levels of support and treatment services in a safe, welcoming residential environment for adults with varying levels of intellectual and developmental abilities, and intensive behavior support needs.

We're here to help people achieve their recovery hopes and dreams. We believe our job is to do whatever it takes to support each person's individual recovery plan in a comfortable, homelike setting. Our 4-bed community crisis home (CCH) includes an individual behavior support team that is made up of a program administrator, a board-certified behavior analyst (BCBA), licensed vocational nurses (LVN), licensed psychiatric technicians (LPT), registered behavior technicians (RBT), licensed clinicians, occupational and physical therapists, a psychiatrist, and medical support staff who are here to provide support 24 hours a day.

Our services emphasize choice-making skills and positive behavior support strategies based on the individual unique needs and capabilities of each resident. Staff work within each person's cultural dynamic to build independence and self-responsibility in order to successfully transition that person back home or to less restrictive community settings.

What to Expect

The Cypress House is a beautiful facility where residents can have their own bedroom and can explore a variety of interests such as cooking, gardening, budgeting, and practicing living skills to be as independent as possible. Each resident has a behavior support team that works with them every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can maintain a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.



CONTACT

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OFFICE HOURS

Services are available 24/7



Services at Cypress House

Services at Cypress House include, but are not limited to:

- WRAP planning: develop a toolkit for wellness
- Behavior support to ensure safety in the home and community
- Therapy to help build skills to help with stress or trauma
- Activities of daily living and social skills training
- Physical health and substance use education
- Medication support and education
- Structured on-site programming including physical, recreational, social, artistic, therapeutic, spiritual, and skills development
- Community outings
- Visits to community service providers such as day treatment services or healthcare professionals
- Transition planning to prepare residents for their next home

Becoming a Resident

Referrals to Cypress House are made through the Regional Center of the East Bay (RCEB).

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

Our Story

Cypress House is a fully accessible Community Crisis Home (CCH) that serves up to four adult clients, ages 18 and older, at any time.

Cypress House provides 24-hour, non-medical care to individuals with varying levels of intellectual and developmental abilities who are receiving regional center services and are in need of crisis residential services, who would otherwise be at risk of admission to a more restrictive setting such as a hospital or institution.

This program is funded by Regional Center of the East Bay (RCEB).