

Community-Based | Assertive Community Treatment (ACT)

At Sacramento Outreach Adult Recovery (SOAR), you have the opportunity to connect with a group of people who are here to be your support team. We believe that recovery is a deeply personal experience and will do whatever it takes to support your journey.

What to Expect

Our multidisciplinary team includes psychiatrists, nurses, masters-level clinical staff, case managers, and peer specialists who promote a program culture where resilience and hope can flourish, and losses can be recovered.

At SOAR, we will provide or assist you with linkage to a full range of services, including medical and psychiatric services, safe and affordable housing, assistance with entitlements, support and education for family and significant others, and connection with community resources. We celebrate milestones in our members' recovery journey by hosting a variety of events including barbecues, luncheons, and graduation ceremonies.

When you work with us, you can expect the following:

- **Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.
- **Our culture** is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can maintain a supportive program setting.
- **Our goal** is to be a place where recovery can thrive, and you feel empowered to create the life you want for yourself.

At Telecare, our mission is to deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.









Essentials At-A-Glance

Sacramento Outreach Adult Recovery (SOAR) | Assertive Community Treatment (ACT)

Population Served

- Adults ages 18 and older
- Residents of Sacramento County
- Persons diagnosed with a severe mental illness and who have a history of frequent psychiatric hospitalizations, a co-occurring substance abuse issue, and/or a history of being homeless

Program Services

Services are provided directly by our staff. Program services include, but are not limited to:

- 24/7 capacity for crisis support
- Comprehensive psychiatric assessment and treatment
- Outreach and engagement
- A range of services including individual and group services, crisis intervention, case management, employment services and housing support
- Money management
- Medication support and education
- Vocational and educational services
- Benefits establishment
- Co-occurring treatment

Accessibility Information

- Disabled parking is available at the front of the building
- Wheelchair ramps available at the front of the building
- If needed, SOAR has access to translator services

How to Access Services

Referrals to SOAR are coordinated through the County of Sacramento Department of Behavioral Health Services.

<u>Click here to visit their website for more information.</u>

PROGRAM SETTING

Community-Based

CONTACT

916-484-3570 Main 916-484-3577 Fax

ADDRESS

900 Fulton Ave., Ste. 205 Sacramento, CA 95825

OFFICE HOURS

Monday – Friday 8:30 am – 5 pm On-call staff available 24/7

LEARN MORE

telecarecorp.com/soar



THIS PROGRAM IS FUNDED BY THE DIVISION OF BEHAVIORAL HEALTH SERVICES THROUGH THE VOTER APPROVED PROPOSITION 63, MENTAL HEALTH SERVICES ACT (MHSA).