

Welcome



Thurston Mason Evaluation & Treatment Center

3436 Mary Elder Rd N.E.

Olympia, WA 98506

360-528-2590 Main



Telecare Corporation | Respect. Recovery. Results. | www.telecarecorp.com

Welcome

Attending to the Whole Person

While an individual is with us, we focus on whole person care (WPC) to encourage a successful recovery. WPC supports coordination and provision of physical and mental healthcare as well as substance use disorder services (SUDS). The Telecare Thurston Mason Evaluation & Treatment (E&T) Center provides:

- Recovery support services including medication and personalized strategies for the management of behavioral health symptoms.
- Individual and group treatment focusing on stabilization, goal-setting, and planning for the future through the use of music, art, substance use education, and skills development.
- Physical activity groups such as yoga and walking.
- Discharge planning to help the individual choose options or reconnect with providers for outpatient treatment, housing, and social supports post-discharge.

Multidisciplinary Team

How do we implement WPC? Our care team has received specialized training in key areas to be able to support individuals in their recovery. Staffing includes:

- Registered and licensed psychiatric nurses
- Advanced registered nurse practitioners both for psychiatric and physical healthcare needs
- Clinicians and discharge planners
- Peer recovery coaches
- Recovery specialists
- Rehabilitation therapists
- Chemical dependency professionals

Partnerships: Key to Success

To ensure quality care, we partner with agencies that focus on behavioral health, SUDS, and housing. While in our care we help individuals coordinate services and assessments that support needs related to inpatient SUDS treatment, and specialty population care such as services through DDA, supported housing, and other beneficial resources.

Visiting and Personal Belongings

During the individual's stay in our facility, they will be provided with all essential supplies for health and hygiene. Although we have very limited storage space, individuals admitted may bring other items if they wish.\

Please refer to this preferred “do’s and don’ts” list for personal belongings:

- **Do** bring two (2) days worth of personal clothes. Laundry services are accessible to our clients daily.
- **Do** bring comfort or leisure items, such as books (paperback only) journals (we will provide safe writing devices), slippers, etc. Access to these items will be based on treatment team recommendations related to safety supports.
- **Do not** bring electronics or valuables. Please keep jewelry and other important items safe at home. Any valuables the individual has on them during admission will be placed in a locked safe and not returned until discharge.

We do allow outside meals to be brought in to enjoy during visits if approved ahead of time by the treatment team. A request can be made through any staff member and will be reviewed the next business day. Please, no glass or metal containers.

About Telecare

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in multiple states and have more than 3,000 employees.

Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

Management Team

Administrator: Holly Borso, MAC LMHC

Clinical Director: Kristiann Smith, LMFT

Director of Nursing: Michelle Bellon, RN

Assistant Director of Nursing: Angela Garrett, RN

Visiting Hours

6:00 p.m. - 8:00 p.m. daily

For the safety of everyone in our facility, please be prepared to be screened by security. You will be asked to stow purses/bags, electronics, keys, or other belongings in a locker in our waiting room. All items will be screened by staff before they are given to the individual.

TELECARE CORPORATE OFFICE

1080 MARINA VILLAGE PKWY | STE 100 ALAMEDA, CA 94501 | TEL 510.337.7950